



WORKSHOPS

September 18, 2026 - Friday
Le Meridien Dubai Hotel



13:00-13:50 Registration

13:50-14:00 Welcome & Introduction

TRACK A

14:00-15:00 **Workshop 1:**
Diet as Management of Rare Diseases
Instructor: Ms. Masooma Al Jasmi, UAE

TRACK B

14:00-15:00 **Workshop 2:**
Genetic Counseling
Instructors:
Mr. Bassam Jamal, UAE

TRACK A

15:00-16:00 **Workshop 3:**
Metabolic Emergency Management
Instructor: International Speaker

TRACK B

15:00-16:00 **Workshop 4:**
Genetic Testing Results: How to Interpret
Instructor: Dr. Azza Attia, UAE
Dr. Laura Winter-Paquette, UAE

16:00-16:15 Coffee Break

TRACK A

16:15-17:15 **Workshop 5:**
Bleeding Disorders
Instructor: Dr. Eman Alshamsi, UAE

TRACK B

16:15-17:15 **Workshop 6:**
Newborn Screening
Instructor: International Speaker

17:15 End of Workshops





FAMILY DAY TRACK

September 19, 2026 - Saturday
Le Meridien Dubai Hotel



TIME	TOPICS	SPEAKER
08:00-08:50	Registration التسجيل	
08:50-09:00	Welcome & Introduction الترحيب والمقدمة	
Session 1: Premarital Genetic Screening الفحص الجيني ما قبل الزواج Chair: Dr. Fatima Abdulaziz – Dr. Mariam Alshehhi		
09:20-09:40	جلسة حوارية مشتركة عن الفحص الجيني ما قبل الزواج في دولة الامارات العربية المتحدة Premarital Genetic Screening in the UAE	Dr. Ali Al-Beshri and Dr. Suad Alawar
	Q & A / Panel Discussion أسئلة وأجوبة	
09:40-10:20	Official Inauguration الافتتاح الرسمي للمؤتمر وتكريم العائلات والرعاة	
10:30-10:45	Coffee Break استراحة	
Session 2: From Hope to Impact: Initiatives that changed the lives of the Rare's Chair: TBA		
10:45-11:05	Welcome & Introduction كلمة الترحيب لبرنامج العائلة	Mrs. Nafisa Tawfiq – UAERDS Chairperson
11:05-11:25	جمعية أطفال القمر بالمغرب Association Moon Voice – Morocco	السيد أحمد زينون - الفائز بجائزة صناع الأمل Mr. Ahmed Zainoun – winner of hope maker 2025
11:25 – 11:45	TBA	شمسة المهيري - نائب رئيس فريق الجهة الحكومية الصادقة لأصحاب الهمم - دائرة الشؤون القانونية لحكومة دبي Shamsa AL Mehairi - Acting Head of the POD Friendly Government Entity - Government of Dubai Legal Affairs Department
11:45-12:05	TBA	TBA
12:05-12:15	TBA	TBA
12:15-13:15	Lunch Break & Prayer استراحة الصلاة	
Session 3: POD Government Services Programs Chair: TBA		
13:15-13:25	إدارة أصحاب الهمم - وزارة الأسرة - برامج دعم أصحاب الهمم POD Support programs at POD Department- Ministry of Family	TBA
13:25-13:45	إدارة أصحاب الهمم - وزارة الأسرة - برامج دعم أصحاب الهمم POD Support programs at Department of Social Services - Sharjah	خالد العبدولي - مدير دار واحات الرشيد Khaled Al Abdouli - Director of Wahat Al-Rushd
13:45-14:05	POD Support programs برامج دعم أصحاب الهمم	TBA
14:05-14:25	POD Support programs and child protection برامج حماية الطفل وأصحاب الهمم	TBA
14:25-14:35	Q & A / Panel Discussion أسئلة وأجوبة	
14:35-14:50	Coffee Break استراحة	



4TH INTERNATIONAL UAE
RARE DISEASE SOCIETY CONGRESS
United for Rare: Empowering Families, Advancing Care

FAMILY DAY TRACK

September 19, 2026 - Saturday
Le Meridien Dubai Hotel



TIME	TOPICS	SPEAKER
Session 4: Quality of Life: Between Family Stability and Advances in Treatment Chair: Mrs. Nashemya Alfili		
11:05-11:25	جلسة نقاشية بعنوان زواج أصحاب الهمم بين الواقع والتحديات A Panel Discussion on the Marriage of People with Disabilities: Between Reality and Challenges	TBA
15:10-15:40	جلسة عن طرق العلاج للأمراض النادرة – زراعة النخاع / العلاج الجيني / الخلايا الجذعية Treatment Approaches for Rare Diseases: Bone Marrow Transplantation, Gene Therapy, and Stem Cell Therapy	TBA
15:40-16:00	TBA	TBA
16:00-16:20	TBA	TBA
16:20-16:30	Q & A / Panel Discussion أسئلة وأجوبة	
16:30	Sponsors Awarding and Closing & End of Day تكريم الرعاية – ختام برنامج يوم العائلة	





SCIENTIFIC PROGRAM

September 19 - Saturday
Le Meridien Dubai Hotel



TIME	TOPICS	SPEAKER
08:00-08:50	Registration	
08:50-09:00	Welcome & Introduction	
Session 1: New Era of Metabolics Session Chair: Dr. Fatma Abdelaziz, Dr. Mariam Al Shehhi		
09:00-09:20	Inborn Error of Metabolism in Adults	Dr. Ali Al-Beshri
09:20-09:40	Premarital Genetic Screening in the UAE	Dr. Suad Alawar, MOHAP, Dr. Ali Al-Beshri DOH, EHS, DHA, other Government Entities
09:40-10:00	Q & A / Panel Discussion	
10:00-10:45	Official Inauguration	
10:45-11:00	Coffee Break	
Session 2: Innovation in Rare Disease Chair:		
11:00-11:20	Newborn Screening by Next Generation Sequencing, Challenges, & Benefits	Dr. Hamda Abulhoul, UAE
11:20-11:40	Novel Diagnostic / Laboratory Methods	Dr. Osama Aldirbash, UAE
11:40-12:00	Novel Therapeutic Approach to Metabolic Genetic Disorders	Dr. Amal Mohammed Alhashem, UAE
12:00-12:30	Industry Symposium 1	TBC
12:30-12:40	Q & A / Panel Discussion	
12:40-13:30	Lunch Break & Prayer	
Session 3: Metabolism and Biochemical Genetics Chair:		
13:30-13:50	Progress in Gene therapy for metabolic liver disease- From transplant to the future	Dr. George V. Mazariegos, USA
13:50-14:10	Updates on Phenylketonuria	Dr. Amal Al Tenaiji, UAE
14:10-14:30	Insights on Lysosomal Storage Disease	Prof. Fatma Aljasmi, UAE
14:30-14:50	Porphyria, insights on new treatment	Dr. Nadia Alhashmi, Oman
14:50-15:00	Q & A / Panel Discussion	
15:00-15:10	Coffee Break	
Session 4: TBA Chair:		
15:10-15:30	Eye identifying Rare Diseases using Ocular Clues	Dr. Ken Nischal, USA
15:30-15:50	Pediatric Metabolic Stroke: Recognition & Acute Care	Dr. Fatima Yousif Ismail, UAE
15:50-16:10	Autism, Insight about Genetics	Dr. Mariam Alshehhi, UAE
16:10-16:30	Industry Symposium 2	TBC
16:30-16:40	Q & A / Panel Discussion	
16:40	Closing & End of Day 1	



SCIENTIFIC PROGRAM

September 20, 2026 - Sunday
Le Meridien Dubai Hotel



TIME	TOPICS	SPEAKER
08:00-08:50	Registration	
08:50-09:00	Welcome & Introduction	
Session 5: Metabolic Emergencies Chair:		
09:00-09:20	Updates in MPS II Management	Dr. Hind Alsharhan, Kuwait
09:20-09:40	Insights on Urea Cycle Defects	Dr. Noura Aldhaheri, UAE
09:40-10:10	Genetics Role in Intensive Care Management	Dr. Ahmad Abou Tayoun, UAE
10:10-10:30	Industry Symposium 3: TBC	Dr. Sareea Al Remeithi, UAE
10:30-10:40	Q & A / Panel Discussion	
10:40-10:55	Coffee Break	
Session 6: Treatable Metabolic Disorders Chair:		
10:55-11:15	Vitamin Responsive Disorders	Dr. Tawfeg Ben Omran, Qatar
11:15-11:35	CTX, rare cause of adult neurological disease	Dr. Arif Khan, UAE
11:35-11:55	Ataxia, treatable causes	Dr. Aman Sohal, UAE
11:55-12:15	From genetics to hemodynamics: hereditary pediatric pulmonary hypertension from genetic perspective	Dr. Ahmed Adel, UAE
12:15-12:25	Q & A / Panel discussion	
12:25-13:25	Lunch Break Prayer Poster Presentation	
Session 7: Genetics Chair:		
13:25-13:45	Genetic Testing in Epilepsy: A new landscape for precision care	Dr. Mohamed Babiker, UAE
13:45-14:05	Obesity, Genetic Perspective	Dr. Asma Deeb, UAE
14:05-14:25	Re-thinking Growth Promotion in Skeletal Dysplasias	Dr. Zulf Mughal, UAE
14:25-14:45	Pitfalls in metabolic emergencies/cases based	Dr. Moen Alsayed, KSA
14:45-14:55	Q & A / Panel Discussion	
14:55-15:05	Coffee Break	
Session 8: Ethics & Research Chair:		
15:05-15:25	Ethics meets Genetics	Dr. Moen Alsayed, KSA
15:25-15:45	What's Next: Genetic Testings are Negatives	Dr. Hiba Alblooshi, UAE
15:45-16:05	Interpretation of Genetic Results, Cases	Dr. Heba Elabd, UAE
16:05-16:25	Industry Symposium 4	TBC
16:25-16:35	Q & A / Panel Discussion	
16:35	End of Conference	