



# 4<sup>TH</sup> INTERNATIONAL UAE RARE DISEASE SOCIETY CONGRESS

United for Rare: Empowering Families, Advancing Care

PRE-CONGRESS WORKSHOPS

**10 APRIL 2026**

CONGRESS

**11-12 APRIL 2026**

Le Meridien Dubai Hotel

## Congress Brochure

[www.uaerdsc.ae](http://www.uaerdsc.ae)



## WELCOME MESSAGE

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Dear Colleagues,

On behalf of the Scientific and Organizing Committees, as well as the UAE Rare Disease Society, it is my great pleasure to welcome you to attend the **4th UAE Rare Disease Society Congress 2026**, taking place **10-12 April 2026** at Le Meridien, Dubai. The event will open with pre-congress workshops on 10 April, followed by the main congress sessions on 11 and 12 April.

This year's congress is held under the theme: **United for Rare: Empowering Families, Advancing Care**, reflecting our collective commitment to strengthening support systems, advancing scientific knowledge, and improving patient outcomes.

As President of this year's congress, I am deeply honored to host this gathering of distinguished experts, researchers, advocates, and individuals committed to improving the lives of those affected by rare diseases. This congress provides a vital platform for sharing groundbreaking research, fostering collaboration, and advancing progress in the diagnosis, treatment, and support of patients with rare diseases. Our collective efforts are essential in addressing the unique challenges faced by this community, and I am confident that the knowledge, partnerships, and insights gained here will leave a lasting impact.

Although rare diseases are individually uncommon, together they affect millions worldwide, presenting both complex challenges and remarkable opportunities. Research into these conditions often reveals fundamental biological mechanisms, offering insights into more prevalent diseases and driving innovation in diagnostics, therapeutics, and personalized medicine. This focus not only benefits individuals living with rare diseases but also enriches the broader medical field, pushing the boundaries of science and patient care.

I warmly encourage each of you to participate actively, engage in meaningful discussions, and share your expertise. By working together, we can amplify the voices of those living with rare conditions and move closer to a brighter, more equitable future for all.

**Dr. Nuha Alzaabi**  
Congress President  
Metabolic Genetic Consultant  
UAE Rare Disease Society



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## SCIENTIFIC COMMITTEE



**Dr. Nuha Alzaabi**  
Metabolic Genetic Consultant



**Prof. Fatma Al Jasmi**  
MBBS, FRCPC, FCCMG  
Dean of CMHS, UAEU  
Biochemical Genetics Consultant,  
Tawam Hospital



**Dr. Fatma Al Bastaki**  
BSc, MBBS, DCH, MSc, FRCPC  
Consultant Clinical Geneticist -  
HMS Mirdif Hospital



**Dr. Amal AL Tenaiji**  
Consultant Clinical Geneticist,  
Sheikh Khalifa Medical City



**Dr. Eman Taryam AlShamsi**  
MBBS, RCPCH  
Consultant & Acting Head of Pediatric  
Hematology Oncology - Al Jalila Children's  
Specialty Hospital



## ORGANIZING COMMITTEE



**Mrs. Nafisa Tawfiq**  
Chair President  
UAE Rare Disease Society



**Mrs. Awatif Aljasmi**  
Head of Administrative Services  
Dubai Health Authority's  
Thalassemia Center



**Ms. Dalal Al Dhabyani**  
Operational Manager  
UAE Rare Disease Society



**Ms. Aadla Jodat**  
Executive Administrative  
UAE Rare Disease Society



**Dr. Azhar Rahma**  
Instructor at the Institute of  
Public Health,  
College of Medicine and  
Health Sciences, UAE





## CONFERENCE OBJECTIVES

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- To enhance awareness and understanding of rare diseases among healthcare professionals and the general public.
- To provide a platform for sharing the latest research, diagnostic, and therapeutic advancements in rare diseases.
- To facilitate networking and collaboration among stakeholders in the rare disease community.
- To promote patient advocacy and support for individuals and families affected by rare diseases.
- To discuss challenges and opportunities in rare disease diagnosis, treatment, and access to care in the UAE and the region.
- To educate healthcare providers on the importance of early diagnosis and appropriate management of rare diseases.
- To improve the quality of life for patients and families affected by rare diseases.

## WHY ATTEND THE CONGRESS (KEY POINTS)

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- Gain insights into the latest advancements in rare disease research and treatment.
- Network with leading experts, researchers, and clinicians in the field.
- Learn about best practices in diagnosis, management, and care of rare disease patients.
- Connect with patient advocacy groups and families affected by rare diseases.
- Earn continuing medical education (CME) credits.
- Contribute to the growing awareness and understanding of rare diseases in the UAE & the region.
- Discover new opportunities for collaboration and research.
- Stay updated on the latest policies and initiatives related to rare diseases.
- Be part of a community dedicated to improving the lives of those affected by rare diseases.



## TARGET AUDIENCE

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- Geneticists
- General Pediatricians
- Pediatric sub-specialty
- Cardiologists
- Pulmonologists
- Endocrinologists
- Neonatologists
- Oncologists
- Hematologists
- Ophthalmologists
- ENT
- Dermatologists
- Neurologists
- Nephrologists
- Rheumatologists
- Anesthesiologists
- ENT specialist
- Family physicians
- Internalist
- Metabolic Consultants
- Psychiatrists
- Genetic Consolers
- Nurses
- Dieticians
- Metabolic Dieticians
- Physiotherapists
- Learning difficulties specialists
- Speech Therapists
- Academic scientists
- Researchers
- Medical / Science students
- Laboratory technologist - Genetics
- Molecular geneticist
- Cytogenetic specialist
- Trainers
- Rare Heroes / Rare Families / Rare Caregivers.
- Community service providers
- POD service providers
- Non-Profit Organizations.
- Patients Advocacy Bodies.
- POD/Special Needs Business-Application Developers.

## CONGRESS HIGHLIGHTS

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- Genetics and Genomics of Rare Diseases
- Newborn Screening for Rare Disorders
- Diagnostic Approaches and Challenges
- Innovative Therapies and Clinical Trials
- Patient Advocacy and Support
- Ethical Considerations in Rare Disease Management
- Rare Disease Registries and Data Collection
- Specific Rare Disease Focus (e.g., metabolic disorders, neurological disorders, etc.)
- The role of Artificial Intelligence in Rare Diseases



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## HOW TO REGISTER



Tel.: +971 24 919 888



[www.menaconference.com](http://www.menaconference.com)

### Personal Details

Full Name:

Job Title:

Place of Work:

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Fax:

Yes, I would like to receive information on future events by e-mail.

I do not want my address to appear on the delegates list.

### Registration Fees

Please select the conference that is relevant to your speciality.

Category	Physical
<input type="checkbox"/> Doctors	AED 900
<input type="checkbox"/> Nurses	AED 600
<input type="checkbox"/> Medical Students, Residents & Allied Health	AED 350
<input type="checkbox"/> Family Day ( Parents/Guardians and 1 Kid)	AED 1000
<input type="checkbox"/> Pre Congress Workshops (Per workshop)	AED 500

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online, Credit card, Cheque, Bank drafts in AED.

\*Additional 5% VAT will be Applicable on all Fees

### Payments

### Managing Office

Please choose one of the following mode of payment

By Online ([www.menaconference.com](http://www.menaconference.com))    By Credit card    By Bank Transfer  
 By cheque payable to Middle East North Africa Conference Company LLC

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Middle East North Africa Conference Company LLC

For more information, please contact

Mr. Sahan

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Email: [sahan@menaconference.com](mailto:sahan@menaconference.com)

### Cancellation / Substitution Policy

### Event Venue

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than one weeks before the event are non refundable.

Le Meridien, Dubai

The organizing committee reserves the right to make any modifications to the programme in occurrence of any unforeseen circumstances.



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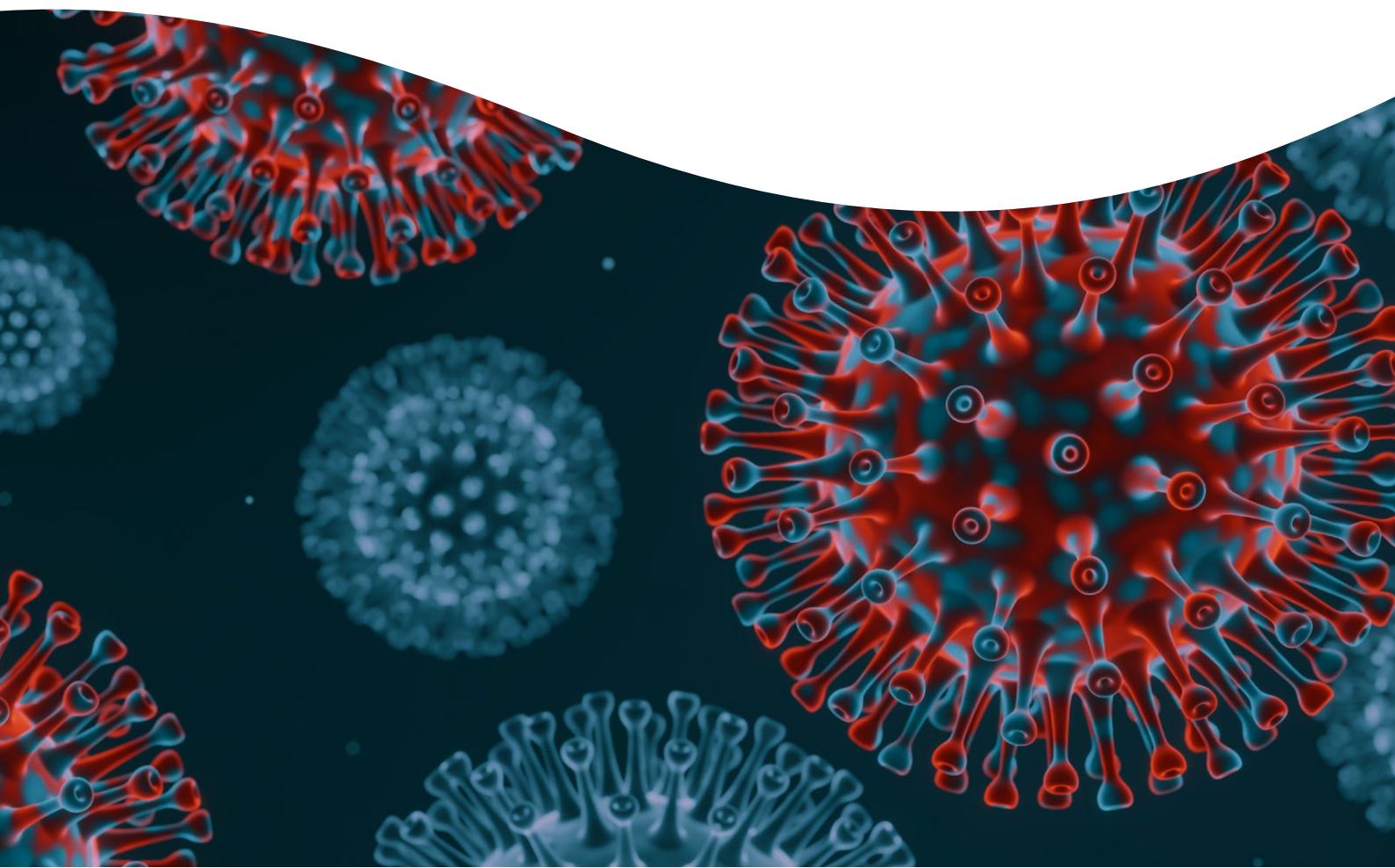
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